

Which Hormone Profile Do I Choose?

Healthscope Functional Pathology has separate test kits for each saliva hormone profile. The test kits contain step by step instructions, which are printed on the inside of the wallet, specimen tubes and a reply paid jiffy mailing bag.

Patients simply need to complete the test and post the specimens back to Healthscope Functional Pathology.

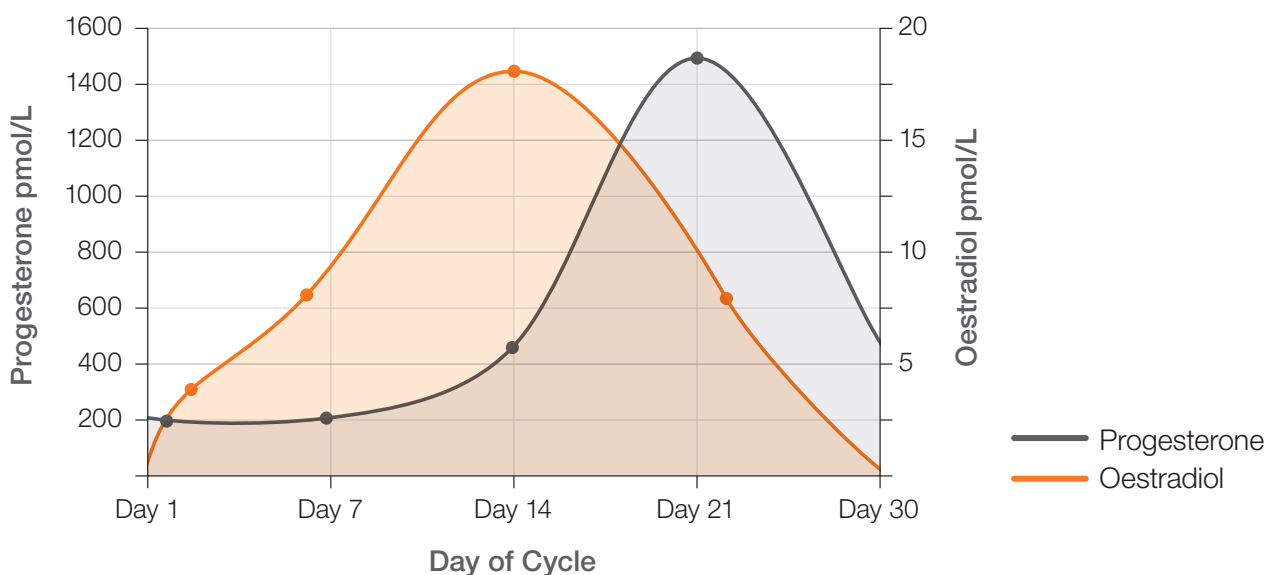
Saliva hormone test kits are available for the following profiles:

Females

<i>Profile</i>	<i>Hormones Tested</i>	<i>Suggested Collection Day(s) & Times(s)</i>	<i>Clinical Indications and Applications</i>
Baseline Hormone Profile	Oestrone Oestradiol Oestriol Progesterone Testosterone DHEA-S	Any day in females with no menstrual cycle Day 21 in menstruating females	Amenorrhoea, Menopausal Symptoms (e.g. hot flushes, night sweats), Depression, Low libido, Dysmenorrhoea, Infertility, Miscarriage, PCOS, Endometriosis, Hirsutism, PMS Symptoms, Oestrogen Dominance, Weight Gain, Slow metabolism, Menorrhagia, Irregular Periods
Luteal Phase Hormone Profile	Oestrone Oestradiol Progesterone Testosterone DHEA-S	Collect Days 14, 21, 28 One saliva specimen collected from each day E1, E2, P4 tested from each specimen TT, DHEA-S tested from Day 21 specimen only	Peri-Menopause, PMS Symptoms, Uterine Fibroids, Fibrocystic Breasts, Dysmenorrhoea, Infertility, Miscarriage, PCOS, Endometriosis, Hirsutism, PMS Symptoms, Oestrogen Dominance, Weight Gain, Slow metabolism, Menorrhagia, Irregular Periods
Full Cycle Hormone Profile	Oestrone Oestradiol Progesterone Testosterone DHEA-S	Collect Days 7, 14, 21, 25, 30 One saliva specimen collected from each day E1, E2, P4 tested from each specimen TT, DHEA-S tested from Day 21 specimen only	Dysmenorrhoea, Infertility, Miscarriage, PCOS, Endometriosis, Hirsutism, PMS Symptoms, Oestrogen Dominance, Weight Gain, Slow metabolism, Menorrhagia, Irregular Periods
Adrenal Hormone Profile	Cortisol DHEA-S	Any day at 0600, 1200, 1800, 2200	All conditions involving adrenals e.g. stress, fatigue, exhaustion, poor memory & concentration, CFS
Baseline Plus Adrenal Hormone Profile	Oestrone Oestradiol Oestriol Progesterone Testosterone DHEA-S Cortisol	Any day in females with no menstrual cycle at 0600, 1200, 1800, 2200 Day 21 in menstruating females at 0600, 1200, 1800, 2200	Amenorrhoea, Menopausal Symptoms (e.g. hot flushes, night sweats), Depression, Low libido, Dysmenorrhoea, Infertility, Miscarriage, PCOS, Endometriosis, Hirsutism, PMS Symptoms, Oestrogen Dominance, Weight Gain, Slow metabolism, Menorrhagia, Irregular Periods, all conditions involving adrenals e.g. stress, fatigue, exhaustion, poor memory & concentration, CFS
Melatonin Hormone Profile	Melatonin	Any day at 2400, 0600	Sleep Disorders, CFS

Males

Profile	Hormones Tested	Suggested Collection Day(s) & Times(s)	Clinical Indications and Applications
Baseline Hormone Profile	Oestradiol Testosterone DHEA-S Cortisol	Any day	Low libido, poor muscle tone, infertility, depression, prostate enlargement
Adrenal Hormone Profile	Cortisol DHEA-S	Any day at 0600, 1200, 1800, 2200	All conditions involving adrenals e.g. stress, fatigue, exhaustion, poor memory & concentration, CFS
Melatonin Hormone Profile	Melatonin	Any day at 2400, 0600	Sleep Disorders, CFS

Salivary Hormone Reference Ranges**Typical 28 day cycle:**

- Days 1-4: Menstruation, low oestrogen
- Days 5-8: Rising oestrogen levels
- Days 9-12: Ovulation, peak oestrogen level
- Days 17-20: Post ovulation with lower oestrogen and rising progesterone
- Days 21-24: High progesterone and high oestrogen
- Days 25-28: Falling progesterone and oestrogen if not pregnant