

LAB No:

Consulting Pathologist: **Dr D. Deam**

Patient :
D.O.B. :
Request Date :
Date Received :
Requested by :
Referring Practice :
Provider No. :
REFERRING PRACTICE REFERENCE:

Salivary Hormone Test Results

Test	Date	Time	Result	Ref. Range	Units
OESTRONE (E1)					
01 SAMPLE (Day 21)	01/07/11		22 *H		pmol/L
OESTRONE (E1) per cent					
01 SAMPLE	01/07/11		79		%
OESTRADIOL (E2)					
01 SAMPLE (Day 21)	01/07/11		4		pmol/L
OESTRADIOL (E2) per cent					
01 SAMPLE	01/07/11		14		%
OESTRIOL (E3)					
01 SAMPLE (Day 21)	01/07/11		2		pmol/L
OESTRIOL (E3) per cent					
01 SAMPLE	01/07/11		7		%
E3 / (E1 + E2)					
01 SAMPLE	01/07/11		0.1 *L	> 1.0	
PROGESTERONE (P4)					
01 SAMPLE (Day 21)	01/07/11		650		pmol/L
P4:E2					
01 SAMPLE	01/07/11		163	200-300:1	
TESTOSTERONE					
01 SAMPLE (Day 21)	01/07/11		224 *H		pmol/L
DHEA-S					
01 SAMPLE	01/07/11	0745	11.6	0.7 – 8.7	nmol/L
CORTISOL					
MORNING SAMPLE	01/07/11	0745	28		nmol/L
MIDDAY SAMPLE	01/07/11	1200	15		nmol/L
EVENING SAMPLE	01/07/11	1800	8		nmol/L
NIGHT SAMPLE	01/07/11	2200	<5		nmol/L

(*) Result outside normal reference range (H) Result is above upper limit of reference range (L) Result is below lower limit of reference range

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Salivary Hormone Test Results

NG - Not Given IS - Insufficient Specimen NA - Not Available

Female and Male Reference and Target Ranges

Hormone	E1 Ref. Range pmol/L	E1 Target Range pmol/L	E2 Ref. Range pmol/L	E2 Target Range pmol/L	E3 Ref. Range pmol/L	P4 Ref. Range pmol/L	TT Ref. Range pmol/L	DHEA Ref. Range nmol/L
Follicular	2 - 9	4 - 7	2 - 10	4 - 8	<112	62 - 275	24 - 137	0.7 - 8.7
Luteal	2 - 9	4 - 7	6 - 14	6 - 10	<112	315-1058	24 - 137	0.7 - 8.7
Post Menopause	2 - 9	<5	2 - 8	4 - 6	<112	19-179	24 - 137	0.7 - 8.7
Male	2 - 9	<5	<10	<5	NA	41-183	127-371	0.7 - 8.7

Female and Male Adrenal Hormone Reference and Target Ranges

Time	Cortisol Reference Range nmol/L	Cortisol Target Range nmol/L
6am	5.3 - 61.8	25
12 noon	NA	15
6pm	1.2 - 12.3	5 - 10
10pm	NA	<5

The target ranges are based on years of observation and feedback on thousands of salivary hormone reports, identifying the level of hormones required to manage patient symptoms.

These ranges are given as a guide and may be used together with the patient's clinical presentation for optimal management.

Please note that as of **17/04/2010**, the method for salivary **testosterone** has been changed to **ELISA**.

Please note that as of **25/05/2010**, the method for salivary **progesterone** has been changed to **ELISA**.

Please note that as of **10/06/2010**, the method for salivary **oestriol (E3)** has been changed to **ELISA**.

Reference ranges have been updated to reflect this new method.