



## PATIENT INSTRUCTIONS

# Urine for Chlamydia and/or Gonorrhoea PCR

### SPECIAL REQUIREMENTS

- This test involves a 'first pass' or 'first catch' urine sample.
- You must not have urinated within 1 to 2 hours prior to collecting your sample.
- Catch the first 10 to 20mls of your urine flow. Do not exceed the recommended volume of urine to be collected as this may reduce the sensitivity of the test. The sample must be the 'first part' of the urine stream.
- Specimen must not be collected in a glass container.

### PROCEDURE

- Wash your hands.
- Hold the cup near your genital area.
- Commence urinating catching the first part of the urine, 10-20mls.
- Once 10-20mls is collected in the cup, remove and continue to pass urine into the toilet.
- Pour the urine into the 70ml urine specimen container.
- Secure the lid firmly.
- Write your surname, first given name, date of birth, date and time of collection on the container.
- Deliver to your nearest Healthscope Collection Centre on the same day of collection. If the delivery is delayed, refrigerate the specimen.

### EQUIPMENT

#### 1x 70ml Yellow-top Container Paper / Plastic Cup

**Note:**

The collection staff are required to check your details (surname, first given name, date of birth and date and time of collection on the container label) against the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of reporting your test results.

**For more information:**

If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.

*Visit*

[www.healthscopepathology.com.au](http://www.healthscopepathology.com.au)  
for an easy search by postcode to find your nearest collection centre.

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**