



## PATIENT INSTRUCTIONS

# Urine for Cytology

This test involves examination of three urine specimens obtained on three separate days (Monday to Friday).

### PROCEDURE

- Collect three specimen jars from your nearest Healthscope Pathology Collection Centre.
- Do not collect the first time you pass urine in the morning.
- Increase your fluid intake over the next few hours.
- Collect your next urine in the container provided. About 70ml of urine is required.
- Secure the lid firmly.
- Number and date each collection on the containers.
- Write your surname, first given name and date of birth on each container.
- Deliver to your nearest Healthscope Collection Centre on the same day of collection. If the delivery is delayed please refrigerate the specimen.
- Repeat steps 1 through 7 on days two and three. The samples do not need to be collected on consecutive days.

### EQUIPMENT

#### 3x 250ml Sterile Containers

**Note:**

Take care to ensure that the lids of all urine containers are threaded correctly and tightly closed before delivery to a Healthscope Collection Centre.

The collection staff are required to check your details (surname, first given name, date of birth and date and time of collection on the container label) against the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of reporting your test results.

**For more information:**

If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.

Visit

[www.healthscopepathology.com.au](http://www.healthscopepathology.com.au) for an easy search by postcode to find your nearest collection centre.

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**