



## PATIENT INSTRUCTIONS

# Lung Function Test / Spirometry

### SPECIAL REQUIREMENTS

- An appointment is necessary which will be made either late morning or early afternoon Monday to Friday.
- If you use an inhaler, avoid using it for four hours prior to the test.
- You will need to bring your inhaler with you on the appointed date.
- Avoid eating a heavy meal prior to appointment.
- Avoid smoking for 4-6 hours prior to appointment.
- Avoid wearing restrictive clothing on day of appointment.
- The test may take from 30-60 minutes to perform. You will be asked to breathe into a tube which is attached to a machine that measures your lung capacity.
- Medicare will be billed if you are on a short-acting inhaler eg. Ventolin. If you are on a long acting inhaler eg. Seretide or Becotide or no inhaler at all, then a fee will be charged on the appointment day.
- This test is done at limited Collection Centres.

This test requires an appointment. Please call your nearest Healthscope Collection Centre to arrange a time.

An appointment has been made for you on:

Date \_\_\_\_\_

Time \_\_\_\_\_

at \_\_\_\_\_

Telephone \_\_\_\_\_

#### **For more information:**

*If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.*

*Visit*

*[www.healthscopepathology.com.au](http://www.healthscopepathology.com.au) for an easy search by postcode to find your nearest collection centre.*

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**