



## PATIENT INSTRUCTIONS

# Helicobacter pylori Faecal Antigen Test

### GENERAL INSTRUCTIONS

- An appointment is not required.
- Fasting is not required.
- Smoking is not known to affect results.
- Compliance with drug therapy cessation is required. See below.

### SPECIMEN REQUIRED

- Collect a random stool specimen (walnut size) in a brown/white sterile faecal container.
- Keep at room temperature.
- Return specimen to any Healthscope Collection Centre on day of collection.

### DRUG THERAPY CESSATION

- It is recommended the following drugs be stopped two weeks before Stool Antigen Testing.

#### Antibiotics / Antibacterials:

Amoxicillin, Doxycycline, Klacid, Flagyl, Denol.

#### Proton Pump Inhibitors:

Zoton, Losec /Acimax, Somac, Nexium.

#### H<sub>2</sub> Receptor Antagonists listed below can continue to be taken:

Tagamet/Magicul/Sigmetadine/Cimetimax/Cimehexal, Cimetidine, Zantac/Rani 2/Dbi Ranitidine, Ranitidine Pepcidine/ Pepcid/ Amfamox, Famotidine Tazac, Nizatidine.

### EQUIPMENT

#### 1x Brown or White Specimen Container

Available from any Healthscope Collection Centre or your doctor.

#### Note:

The collection staff are required to check your details (surname, first given name, date of birth and date and time of collection on the container label) against the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of reporting your test results.

#### For more information:

If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.

#### Visit

[www.healthscopepathology.com.au](http://www.healthscopepathology.com.au)  
for an easy search by postcode to find your nearest collection centre.

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**