



## PATIENT INSTRUCTIONS

# Calcium/Creatinine Ratio

### GENERAL INSTRUCTIONS

- You must be fasting - nothing to eat or drink other than distilled water for 12 hours.
- The test must begin before 10:00am.
- On arrival at the Healthscope Collection Centre (or at home if container and instructions have been picked up ahead of time) please empty your bladder into the toilet and discard this sample.
- Fasting then continues until a second urine sample can be collected.

**NOTE:** Urine flow may be promoted by drinking one glass (250ml) of distilled water.

- Please deliver to a Healthscope Collection Centre as soon as possible after completion.

### EQUIPMENT

#### 1x 70ml Yellow-top Container

Available from any Healthscope Collection Centre or your doctor.

**For more information:**

*If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.*

Visit

*[www.healthscopepathology.com.au](http://www.healthscopepathology.com.au) for an easy search by postcode to find your nearest collection centre.*

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**