



PATIENT INSTRUCTIONS

24 Hour Urine Collection into Container with Acid Additive

**CAUTION: The fluid in the container is an acid preservative.
First aid instructions are on the container.**

- Store out of reach of children.
- Do not discard preservative before commencing collection.

SPECIAL REQUIREMENTS

- Because of the additive in the container, do not pass urine directly into the container.
- Pass urine into another clean container first, for example a clean ice cream container or glass jar and then transfer the urine into the 24 hour urine container. Be careful not to get the preservative on your hands.

PROCEDURE

- Commence collection early in the morning and record this time on the label of the 24 hour container provided.
- Completely empty your bladder at this time and **discard** the urine (pass the urine into the toilet).
- During the next 24 hours, collect **all** urine passed into a clean container using the technique described above in 'special requirements'.
- Exactly 24 hours after the starting time, empty your bladder and collect the urine into the container using the technique described above in 'special requirements'.
- Record the completion time on the label of the 24 hour container and store in a cool place.
- **Write your surname, first given name, date of birth and date of collection on the container label.**
- Return the filled container to a Healthscope Pathology Collection Centre as soon as possible.
- The collection staff will check your details (surname, first given name, date of birth and date/time of collection on the container label) against the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of reporting your test results.

EQUIPMENT

24 Hour Urine Container with Acid Additive

Available from any
Healthscope Collection
Centre

For more information:

If you have any questions or would like to know the location of your nearest Healthscope Collection Centre, please call 1300 453 688.

Visit

www.healthscopepathology.com.au
for an easy search by postcode to
find your nearest collection centre.

If you have any questions
or require further information,
please contact our
Customer Service Centre.

1300 453 688