

# ARL Pathology Condition Chart

The following is a reference guide for the ARL Pathology tests which are recommended for common conditions. This is intended as a guide only and the most appropriate choice of test will depend on the nature of each individual case. A more comprehensive version of the Condition Chart is available online at [www.arlaus.com.au](http://www.arlaus.com.au) For further information on each test, please refer to the relevant section in this Practitioner Manual.

ACNE	ADD/ADHD	ADRENAL EXHAUSTION	AIDS	ALCOHOL INDULGENCE/ ALCOHOLISM
CDSA	IgG	AHP	CDSA	FLDP
BHP/FHP	IP	FLDP	FLDP	CDSA
IP	EFA	slgA	IP	IP
FLDP	AA	VA	TAS	TAS
IgG	HMA	MA	slgA	NTx
	TM		HMA	

ALLERGIES	ALOPECIA	ALZHEIMER'S	AMENORRHOEA	ANAEMIA
IgG	BHP	CDSA	FHP/BHP	CDSA
IP	CDSA	FLDP	THP	3DP
CDSA	FLDP	IP	FLDP	IP
slgA	IP	BHP	NTx	HMA
FLDP	THP	HMA	EFA	MA
		CHEL	AA	FLDP

ANOREXIA	ANXIETY	ASTHMA	ATHEROSCLEROSIS	AUTISM
FHP/BHP	AHP	IgG	TAS	IgG
CDSA	MEL	CDSA	CoQ10	IP
FLDP	FHP/BHP	FLDP	EFA	CDSA
IP	FLDP	IP	AA	EFA
HMA	IP	EFA	FLDP	AA
TAS	rT3	HMA	CHEL	TM

BILIARY CIRRHOSIS	BIPOLAR DISORDER	BONE FRACTURES	BOWEL CANCER	BREAST CANCER
FLDP	AHP	NTx	CDSA	FHP/BHP
TAS	BHP/FHP	FHP	FLDP	2 & 16
AA	FLDP	2 & 16	IP	THP
MA	THP	HMA	TAS	rT3
EFA	TM	AA	slgA	FLDP
slgA	MA	EFA	IgG	CDSA

CANCER	CANDIDA	CARDIOVASCULAR DISEASE	COELIAC DISEASE	CHOLESTEROL (High)
FLDP	CDSA	TAS	CDSA	EFA
TAS	IP	CoQ10	IP	FLDP
AHP	slgA	EFA	IgG	BHP
MEL	IgG	AA	HMA	AA
TM	FLDP	FLDP	slgA	TAS

CHOLECYSTITIS	COLITIS/ULCERATIVE COLITIS	CONSTIPATION	CROHN'S DISEASE	CYSTIC FIBROSIS
FLDP	CDSA	CDSA	CDSA	CDSA
CDSA	IP	IP	IP	FLDP
IgG	VA, MA	FLDP	IgG	IP
IP	IgG	slgA, IgG	slgA	IgG
EFA	slgA	VA, MA	EFA	slgA

DEPRESSION	DERMATITIS/ECZEMA	DIABETES	DIARRHOEA	DYSMENORRHOEA
AHP	IgG	FHP/BHP	3DP	FHP
FHP/BHP	EFA	FLDP	IP	FLDP
THP	CDSA	IP	CDSA	2 & 16
rT3	FLDP	VA, MA	slgA	THP
FLDP	IP	IgG	HpSA	rT3
AA	HMA	CDSA	IgG	EFA
EFA	TAS	3DP	FLDP	CDSA

Please refer to Key on page 185

EPILEPSY	ENDOMETRIOSIS	ENVIRONMENTAL POLLUTION	EXHAUSTION
HMA	FHP	HMA	AHP
TM	2 & 16	TM	FLDP
AA	THP	PEST	IP
TAS	rT3	FLDP	CDSA
IP	FLDP	IP	VA, MA, TAS
IgG	EFA	slgA	AA

FATIGUE (CHRONIC FATIGUE SYNDROME)	FLATULENCE	FOOD SENSITIVITIES	FIBROCYSTIC BREAST DISEASE
AHP	CDSA	IgG	FHP
FLDP	IP	IP	2 & 16
FHP/BHP	FLDP	CDSA	THP
slgA	slgA	FLDP	rT3
HMA	IgG	3DP	FLDP
IgG	3DP	HpSA	TAS

GASTRITIS	GASTROENTERITIS	GLAUCOMA	GOUT
CDSA	CDSA	TAS	FLDP
HpSA	IP	CoQ10	IP
slgA	3DP	VA	EFA
IgG	slgA	MA	HMA

HEADACHE	HYPERTENSION	HYPERTHYROIDISM	HYPOTHYROIDISM
FLDP	AHP	THP	THP
BHP/FHP	FLDP	rT3	rT3
CDSA	CDSA	AHP	FHP/BHP
IP	TAS/CoQ10	FHP/BHP	FLDP

INDIGESTION	INFERTILITY	INSOMNIA	IRRITABLE BOWEL SYNDROME
CDSA	BHP (Male)	AHP	CDSA
3DP	FHP (Female)	MEL	3DP
HpSA	FLDP	AA	IP
IgG	HMA	EFA	IgG
IP	TAS	FLDP	slgA

LEUKAEMIA	LIBIDO	LIVER DYSFUNCTION	LUPUS ERYTHEMATOSUS
TAS	FHP/BHP	FLDP	BHP/FHP
MA	AHP	CDSA	IP
VA	FLDP	BHP/FHP	EFA

MENOPAUSE	MENORRHAGIA	MIGRAINE	NAUSEA
FHP	FHP	FLDP	CDSA
2 & 16	2 & 16	CDSA	FLDP
AHP	THP	IgG	IgG
THP	rT3	IP	HpSA
rT3	FLDP	HMA	3DP
NTx	EFA	CoQ10	IP
FLDP	AA	CHEL	EFA

OBESITY	OSTEOPOROSIS	OTITIS MEDIA	OVARIAN CYSTS
FHP/BHP	NTx	IgG	FHP
FLDP	FHP	IP	2 & 16
THP	2 & 16	CDSA	FLDP
rT3	HMA	HMA	EFA

Please refer to Key on page 185

PARASITIC INFECTION	PREMENSTRUAL SYNDROME	PROSTATE ENLARGEMENT	PSORIASIS
3DP	FHP	BHP	FLDP
CDSA	FLDP	2 & 16	IP
slgA	THP	FLDP	CDSA
IgG	rT3	CDSA	IgG
IP	EFA	HMA	EFA

RADIOTHERAPY	RAYNAUD'S PHENOMENON	RHEUMATOID ARTHRITIS	ROSACEA
IP	EFA	CDSA	BHP/FHP
slgA	AA	IP	HpSA
TAS	VA, MA	FLDP	FLDP
VA, MA	TAS	EFA	CDSA

SEASONAL AFFECTIVE DISORDER (SAD)	STRESS	STROKE	SYNDROME X
MEL	AHP	TAS	THP
AHP	MEL	EFA	rT3
BHP	IP	AA	BHP/FHP
CDSA	BHP/FHP	VA, MA	FLDP
FLDP	FLDP	HMA	CDSA
EFA	slgA	FLDP	IP

TINNITUS	THROMBOSIS	TOXINS	THRUSH
VA	FLDP	HMA	BHP/FHP
MA	EFA	TM	CDSA
TAS	AA	FLDP	slgA
HMA	TAS	IP	IP
TM	CoQ10	VA, MA	FLDP

ULCERS	URINARY TRACT INFECTIONS	UTERINE FIBROIDS	ULCERATIVE COLITIS
HpSA	CDSA	FHP	CDSA
IP	slgA	2 & 16	IP
slgA	EFA	THP	IgG
CDSA	BHP/FHP	FLDP	slgA

VAGINITIS	WEIGHT GAIN/LOSS
BHP/FHP	THP
CDSA	rT3
slgA	AHP
EFA	FHP/BHP
IP	CDSA
HMA	FLDP

#### KEY:

- AA – Amino Acid Profile
- AHP – Adrenal Hormone Profile
- BHP – Baseline Hormone Profile
- CDSA – Complete Digestive Stool Analysis
- CHEL – Chelation Analysis
- CoQ10 – Coenzyme Q10
- EFA – Essential Fatty Acid Profile
- FHP – Female Hormone Profile
- FLDP – Functional Liver Detoxification Profile
- HMA – Hair Mineral Analysis
- HpSA – Helicobacter pylori Stool Antigen
- IgG – IgG Food Sensitivity
- IP – Intestinal Permeability
- MA – Mineral Analysis
- MEL – Melatonin
- NTx – Osteoporosis Risk Assessment
- PEST – Pesticides
- rT3 – Reverse T3
- slgA – Secretory IgA
- TAS – Total Antioxidant Status
- THP – Thyroid Hormone Profile
- TM – Toxic Metals
- VA – Vitamin Analysis
- 3DP – 3 Day Parasitology
- 2 & 16 – 2 & 16 Urinary Oestrogen Metabolites